

Informed Consent

To the patient: Please read this entire document prior to signing it and discuss any questions you may have. It is important that you understand the information contained in this document.

The Nature of the Chiropractic Adjustment

The primary treatment I use as a Doctor of Chiropractic is spinal manipulative therapy. I will use that procedure to treat you. I may use my hands or a mechanical instrument upon your body in such a way as to move your joints. That may cause an audible "pop" or "click", much as you have experienced when you "crack" your knuckles. You may feel a sense of movement.

Analysis/Examination/Treatment

As a part of the analysis, examination and treatment, you are consenting to all of the following procedures:

spinal manipulation	electric muscle stimulation therapy
palpation	ultrasound therapy
vital signs	hot/cold therapy
range of motion testing	myofascial/ massage/trigger point therapy
orthopedic testing	low level laser therapy
basic neurological exam	exercises for stretching and strengthening
muscle strength testing	postural analysis

The Material risks inherent in chiropractic adjustment.

As with any healthcare procedure, there are certain complications which may arise during chiropractic manipulation and therapy. These complications include but are not limited to: fractures, disc injuries, dislocations, muscle strains, cervical myelopathy, costovertebral strains and separation, and burns. Some types of manipulation of the neck have been associated with injuries to the arteries in the neck leading to or contributing to serious complications, including stroke. Some patients will feel some stiffness and soreness following the first few days of treatment. I will make every reasonable effort during the examination to screen for contraindications to care; however, if you have a condition that would otherwise not come to my attention, it is your responsibility to inform me.

Probability of those risks occurring.

Fractures are rare occurrences and generally result from some underlying weakness of the bone. Please let me know if you have any condition that may cause or has caused a loss of bone integrity, like osteopenia or osteoporosis. Stroke has been the subject of tremendous disagreement. The incidences of stroke are exceedingly rare and are estimated to occur between one in one million and one in five million cervical adjustments. The other complications are also generally described as rare.

DO NOT SIGN UNTIL YOU HAVE READ AND UNDERSTAND THIS DOCUMENT.

"I have read the explanation of the chiropractic manipulation and related treatment. I have verbally discussed it with Dr. Jeanne Ames and have had my questions answered to my satisfaction. By signing below I state that I have weighed the risks involved in undergoing treatment and have decided that it is in my best interest to undergo treatment with Dr. Ames. Having been informed of the risks, I hereby give my consent to treatment."

Date _____

Date _____

Printed Name _____

Jeanne L. Ames, D.C.

Signature _____
(Patient/Guardian)

Signature _____
(Doctor)